

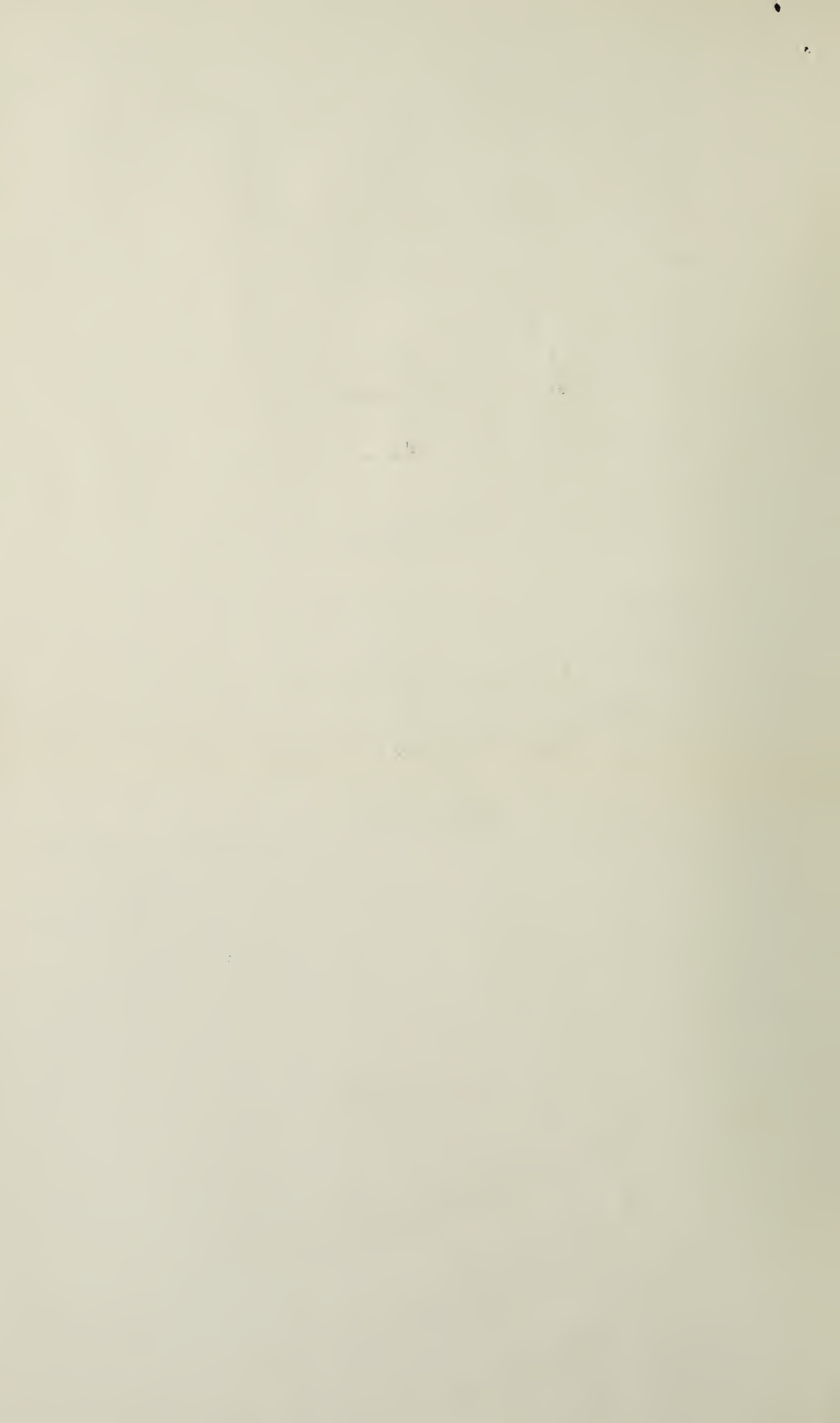
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UPPINGHAM RURAL DISTRICT COUNCIL.

A N N U A L   R E P O R T  
of the  
M E D I C A L   O F F I C E R   O F   H E A L T H ,  
for the Year 1938.

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UPPINGHAM RURAL DISTRICT COUNCIL.

A N N U A L R E P O R T

of the

MEDICAL OFFICER OF HEALTH,

for the Year 1938.

Mr. Chairman and Gentlemen,

I have the pleasure to present my thirty-seventh Annual Report on the Health of your District.

STATISTICS AND SOCIAL CONDITIONS OF THE AREA.

Area (in acres) .....	24,735
Population Census, 1921 .....	6,254
"            "      1931 .....	5,292
Estimated resident population, 1931 .....	5,781
"            "            "      1938 .....	5,740
Estimated No. of inhabited houses (end of 1938) .	1,943
Rateable Value .....	£29,704
Sum represented by a penny rate .....	£121

Social Conditions.

The District is essentially agricultural, much of the land being grazed.

The town of Uppingham is noted for its Public School, and the marked difference between the 1921 and 1931 Census populations is in large measure due to the former having been taken during school term.

Vital Statistics.


Births, legitimate M. 36	F. 39	<u>Total</u> - 75
"      illegitimate "      2	"      2	"      4
		<u>          </u>
<u>Total:-</u> 38	41	79
		<u>          </u>

Stillbirths - Legitimate 2, Illegitimate 1

Birth Rate ..... 13.7

    "      "      for England and Wales ... 15.1

Deaths .....	M. 30	F. 27	<u>Total</u> - 57
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Crude Death Rate ..... 9.9  
 Allowance for age and sex distribution, reduces  
 the death-rate to 7.6 per thousand.

Death Rate for England and Wales ..... 11.6

Deaths of Infants under one year, legitimate 2, } Total 3  
 illegitimate 1 }

Infant Mortality Rate per 1000 births ..... 38

" " " " England and Wales ..... 53

Causes of Death.

<u>Causes of Death.</u>	<u>Males.</u>	<u>Females.</u>
<u>All Causes</u> .....	<u>30</u>	<u>27</u>
Influenza .....	-	-
Tuberculosis of respiratory system ...	-	1
Other tuberculosis .....	-	-
Cancer .....	6	1
Diabetes .....	1	-
Cerebral haemorrhage etc.....	3	6
Heart Disease .....	7	10
Other circulatory diseases .....	4	2
Bronchitis .....	-	1
Pneumonia .....	1	2
Other respiratory diseases .....	-	-
Diarrhoea (under 2 years) .....	-	-
" (2 years & over) .....	-	1
Cirrhosis of the liver .....	-	1
Other digestive diseases .....	-	-
Nephritis .....	-	2
Puerperal Sepsis .....	-	-
Other puerperal causes.....	-	-
Congenital causes.....	1	-
Senility.....	1	-
Suicide.....	1	-
Other violence.....	1	-
Other defined causes.....	4	-
Ill-defined or not known.....	-	-





GENERAL PROVISION OF HEALTH SERVICES FOR THE AREA.

Public Health Officers of the Local Authority:-

The Medical Officer of Health, having acted for the Leicestershire and Rutland Combined Districts for 37 years, will be retired on 1st July, when the appointment for this and five other Districts will be taken over by Dr. John Young. The Sanitary Inspector is also Sanitary Surveyor for the District and acts for the County Council in the administration of the Housing (Rural Workers) Act.

Fever:-

There is an Agreement for the reception of cases at the Melton Mowbray Isolation Hospital, or, failing that, at another of the Isolation Hospitals controlled by the Leicestershire County Council.

Uppingham School has its own Isolation Hospital accommodation.

There have been no special developments or changes in the services provided in the area.

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SANITARY CIRCUMSTANCES OF THE DISTRICT.

Water:-

There is a good public supply in the Welland valley for the town of Uppingham and during the year a public supply from the same source was provided at Lyddington. The water which is softened by Clarke's process and chlorinated, is taken to a 21,000 gallon reservoir from which it gravitates to the village where there are twelve fountain stand-pipes. Where laid on internally the water is supplied by meter at 2/6 per thousand gallons.

The scheme which cost £2,287 was opened on 28th July. It is a great sanitary acquisition, replacing as it does a number of contaminated wells and it is to be hoped that the advantages of an internal supply with sinks and other sanitary improvements will be more generally appreciated.

Uppingham has a supplemental supply which is softened by the Permutit process and chlorinated.





The remaining parishes are supplied by wells, most of which are shallow. In several villages, notably Belton, Barrowden, Caldecott, North and South Luffenham, a public supply is much to be desired. At Morcott the Council's houses were short of water during the summer.

#### Drainage and Sewerage:-

A sewerage scheme with effective disposal works was completed at Belton and is functioning satisfactorily.

The outstanding requirement in sewerage and sewage disposal is at Uppingham where sewerage of the Ayston Road district and also on London Road is very necessary. The disposal at the sewage farm is moreover inadequate and obsolete and I am convinced that the best course is to call in a Sanitary Engineer and to obtain an estimate for a comprehensive scheme.

#### Closet Accommodation (approximate):-

Total number in District	Privies ...	...	55
	Pail Closets ..	920	
	Water "	..	630

No. of closets converted to water-carriage system during the year:-

Privies ...	...	10
Pails ...	...	26

No. of privies converted to pail-closets during the year:-	...	...	...	...	2
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#### Public Cleansing:-

The town of Uppingham is scavenged weekly by direct labour.

Monthly collection of unburnable refuse is made in the villages, the scavenging of pail-closets being left to the occupiers.

#### Sanitary Inspection of the Area:-

Total No. of complaints received	...	...	11
" " " inspections	...	...	2,482
" " " notices served (exclusive of Housing notices)	Formal 4,	}	16
	Informal 12		
" " " defects remedied after service of notices			12
" " " summonses issued	...	...	Nil



Shops and Offices:-

No action taken during the year.

Camping Sites:-

None. No licenses have been issued.

Smoke Abatement:-

No action called for.

Swimming Baths and Pools:-

None publicly owned. Uppingham School swimming bath is provided with a modern purification plant.

Eradication of Bed-Bugs:-

No evidence of bed-bugs in any of the Council's houses.

Although no complaints have been received regarding the presence of these pests in older houses, the importance of disinfecting tenants' belongings before removal from condemned property to Council houses should not be overlooked. In all such cases vermin destruction which involves the use of Cyanide should be carried out by a Contractor.

Regulated Buildings:-

There is one Offensive Trade, a small knacker's yard at South Luffenham. Four inspections are recorded. It is unsightly and far from satisfactory.

There is only one permanent van dweller in the District. The conditions are satisfactory and no complaints have been received.

H O U S I N G.

1. Inspection of Dwelling houses during the Year:-

- |     |     |   |       |
|-----|-----|---|-------|
| (1) | (a) | Total number of dwelling houses inspected for housing defects (under Public Health or Housing Acts) .....   | 352   |
|     | (b) | Number of inspections made for the purpose  | 1,430 |
| (2) | (a) | Number of dwelling houses (included under sub-head (1) above) which were inspected and recorded under the Housing Consolidated Regulations, 1925 and 1932 ..... | 209   |
|     | (b) | Number of inspections made for the purpose  | 420   |





(3)	Number of dwelling houses found to be in a state so dangerous or injurious to health as to be unfit for human habitation .....	103
(4)	Number of dwelling houses (exclusive of those referred to under the preceding sub-head) found not to be in all respects reasonably fit for human habitation .....	40
2.	<u>Remedy of Defects during the Year without Service of Formal Notices (Formal Notices are Statutory Notices issued by order of the Council):-</u>	
	Number of defective dwelling houses rendered fit in consequence of informal action by the Local Authority or their officers ...	37
3.	<u>Action under Statutory Powers during the Year:-</u>	
(a)	Proceedings under sections 9, 10 and 16 of the Housing Act, 1936 .....	Nil
(b)	Proceedings under Public Health Acts .....	Nil
(c)	Proceedings under sections 11 and 13 of the Housing Act, 1936 .....	
(1)	Number of dwelling houses in respect of which Demolition Orders were made .....	50
(2)	Number of dwelling houses demolished in pursuance of Demolition Orders .....	5
4.	<u>Housing Act, 1935. Overcrowding.</u>	
(a)	(1) Number of dwellings overcrowded at end of year .....	7
	(2) Number of families dwelling therein .....	7
	(3) Number of persons dwelling therein .....	49
(b)	Number of new cases of overcrowding reported during the year .....	Nil
(c)	(1) Number of cases of overcrowding relieved during the year .....	8
	(2) Number of persons concerned in such cases	37
(d)	Particulars of any cases in which dwelling-houses have again become overcrowded after Local Authority had taken steps for the abatement of overcrowding .....	Nil

Nine houses have been demolished and eight partly demolished in Clearance Areas.

Two houses at Morcott have been re-conditioned and converted into one, and likewise at Wing. One house was re-conditioned at Ayston. All three cases were dealt with under the Housing (Rural Workers) Act and schemes have been approved for the re-conditioning of ten more houses under this Act.





There are 104 houses outstanding in respect of which notices to show cause why a Demolition Order should not be made, have been served. Owners have presented schemes for re-conditioning 44 of these houses, while 29 are unoccupied and 8 are occupied by very old people.

The Council is considering schemes for building some 40 houses, four having been completed during 1938.

Five houses have been built by private enterprise.

### INSPECTION AND SUPERVISION OF FOOD.

#### Milk Supply:-

Producers: (including producers who retail their own milk).	}	No. on Register	88
		No. of Inspections of Premises	103
		No. found to require cleansing	10
		No. remedied	11
		No. found to require structural alterations	3
		No. remedied	4

Nine producers hold licenses under the Milk (Special Designation) Order, 1936. Bacteriological examinations of samples are undertaken on behalf of the County Council.

#### Meat:-

There is no public abattoir in the district.

#### Private Slaughter Houses:-

	<u>In Jan. 1938.</u>	<u>In Dec. 1938.</u>
No. registered .....	13	13
No. licensed .....	1	1
No. of inspections of premises other than at times of slaughter .....		121
No. of inspections of meat at time of slaughter ...		42
Carcases or parts of carcases condemned .....		Nil

#### Meat Stalls:-

No. of inspections ... ..	21
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#### Meat Shops, Meat Stores, etc.

No. of inspections ... ..	115
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#### Other Foods:-

There are 15 bakehouses in the District. They are on the whole well maintained. Thirty-four inspections are recorded, and lime-washing was ordered in three instances.



PREVALENCE OF, AND CONTROL OVER INFECTIOUS DISEASE.

The notifications of Infectious Disease received during the year were as follows:-

	<u>Total Cases.</u>	<u>Admitted to Hospital.</u>	<u>Deaths.</u>
Diphtheria	2	-	-
Erysipelas	3	-	-
Puerperal pyrexia		1	-
Pneumonia	7	-	3
Acute Poliomyelitis	1	1	-
Ophthalmia Neonatorum	-	-	-

The two cases of Diphtheria occurred in one family at S. Luffenham.

The case of Poliomyelitis was at Uppingham. The patient, a boy, aged 17, was removed to the School Sanatorium.

Twelve children attending the Oakham Central School were immunised. All twelve escaped Diphtheria which was at that time rather prevalent in Oakham.

The following pathological examinations were made at the Virol Research Laboratories:-

Swabs for Diphtheria ... 5

The following table shows the age-distribution of new cases and deaths from TUBERCULOSIS:-

Age-Periods.	New Cases.				Deaths.			
	Pulmonary.		Non-Pulmonary.		Pulmonary.		Non-Pulmonary.	
	M.	F.	M.	F.	M.	F.	M.	F.
5 yrs. & under 10 yrs.	-	-	1	-	-	-	-	-
25 " " " 35 "	1	-	-	-	-	-	-	-
55 " " " 65 "	-	-	-	-	-	1	-	-
65 " " upwards	1	1	-	-	-	-	-	-
Totals	2	1	1	-	-	1	-	-

No action was necessary under the Public Health (Prevention of Tuberculosis) Regulations 1925, nor under Sec. 172 Public Health Act 1936.





Factories and Workshops.

1. Inspection:-

Factories (with mechanical power)	No. of inspections	6
	No. of written notices	-
Factories (without mechanical power)	No. of inspections	4
	No. of written notices	-
Other premises	No. of inspections	-
	No. of written notices	-
		<u>10</u>

2. Defects:-

	<u>Found.</u>	<u>Remedied.</u>
Want of cleanliness	4	4

It was not found necessary to refer any matter to H.M. Inspector.

3. No instance of outwork on unwholesome premises came under observation.

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I have the honour to be,

Your obedient servant,

J. E. O'CONNOR, M.D., D.P.H.,

Medical Officer of Health.

Kirby Muxloe,  
Leicester.

10th June, 1939.

